

FOR ADULTS

CARIES RISK ASSESSMENT



DATE:
PATIENT NAME:

CARIES PROMOTING FACTORS

CARIES PROTECTING FACTORS

Medicaments influencing oral health
Psychotropic, sugar-containing medicaments etc. if yes

Salivary flow rate Subjective xerostomia
 Xerostomia with reduced salivary flow (unstimulated flow rate < 0.1 ml/min)

Bleeding on probing ≥ 10%
 ≥ 50%

Exposed cervical area ≥ 2
 ≥ 5

Sugar inputs ≥ 4x per day
 ≥ 6x per day

Active white spots lesion/cavities/fillings in the last 2 years. 1x
 2x
 ≥ 3x

Additional special factors 1x per factor Limitation of hand movement...

1x / day
≥ 2x / day

Oral hygiene with fluoridated toothpaste

1x per day
≥ 2x per day

Fluoride rinsing/highly fluoridated toothpaste

1x per year
2x per year
≥ 3x per year

Professional prophylaxis

Saliva substitute with fluoride, Xylitol, Interdental brushed, Arginine toothpaste 1x per factor

Additional special factors

TOTAL

MEASURES TO REDUCE CARIES RISK:
Always recommend when red exceeds green